



# Trek in the heart of the Pamir Alay

## Trekking across the Pamir-Alai valley

Hiking between glaciers and huge meadows, until the 7135m high Lenin peak.

### A program for well walkers who want to hike up to 4300 m

A mix of glaciers, mountain's lakes, nomadic life, large steppes and high peaks.

**10 DAYS • ADVENTURE TOURS • KYRGYZSTAN**

Starting from

**\$696** USD

TK26D10

### Program

[Osh International Airport - Osh](#) [Osh - Sary-Mogol valley South](#) [Sary-Mogol valley South - Sary-Mogol lakes](#) [Sary-Mogol lakes - Sary-Mogol valley South](#) [Sary-Mogol valley South - Kara-Kabak](#) [Kara-Kabak - Damdjailoo](#) [Damdjailoo - Damdjailoo](#) [Damdjailoo - Lenin peak BC](#) [Lenin peak BC - Lenin peak BC](#) [Lenin peak BC - Osh](#)

## On your way

### What is included

- ~  
All transportation in a private vehicle
- ~  
All airport transfers
- ~  
Accommodation as described in the program
- ~  
Meals (3 per day)
- ~  
Bottled water (when possible) & tea
- ~  
English-speaking trekking guide
- ~  
Pack horses with saddle bags & horsemen
- ~  
Camping & cooking equipment (tents, mats, gas, stove, etc)
- ~  
All the activities listed in the program
- ~  
Entry fees at national parks and/or border zones listed in the program
- ~  
Entry fees at museums and historical sites listed in the program
- ~

Domestic flights mentioned in the program

- ↘

A contribution to our sustainable development projects

- ↘

Organisation of the trip & local taxes

## **What is not included**

- ↘

International flights

- ↘

International banking fees (PayPal, ...)

- ↘

Travel & repatriation insurance

- ↘

Visas / LOI (if applicable)

- ↘

Alcoholic and soft drinks

- ↘

Personal expenses

- ↘

Personal equipment (sleeping bag, headlight, personal medication, etc)

- ↘

Additional costs due to unexpected personal events (health, loss of luggage, ...)

- ↘

Tips for guide & driver (always optional, always appreciated)